



**EXERCISE & SPORT
NUTRITION LABORATORY**
TEXAS A & M UNIVERSITY

Want to test your smarts?

Men and Women Needed for a Study!

Are you between 55 and 75 years of age and interested in testing your cognitive function? If so, you may be eligible to participate in a nutritional supplement intervention study. Researchers in the Exercise & Sport Nutrition Laboratory (ESNL) at Texas A&M University are recruiting approximately 60 males and females to participate in a study. The purpose of the study is to examine whether dietary supplementation affects markers of cognitive function in older healthy individuals with evidence of age-related cognitive decline. Eligible participants will receive up to \$200 for completing the study. Four visits throughout about a 12-week period will be required and this study involves blood draws.

For more information:

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The HCRF and the Exercise & Sport Nutrition Lab received approval to resume human participant research from the VPR's office (June 1, 2020), Department of Health & Kinesiology (June 6, 2020), and College of Education and Human Development (June 17, 2020).