



EXERCISE & SPORT NUTRITION LABORATORY

TEXAS A & M UNIVERSITY

Looking for people wanting to test their cognitive function!

Men & Women Needed for a Study

Are you between 18 and 65 years of age? If so, you may be eligible to participate in a nutritional supplement intervention study. Researchers in the Exercise & Sport Nutrition Laboratory (ESNL) at Texas A&M University are recruiting approximately 60 males and females to participate in a study titled, "Effects of Guanidinoacetic Acid (GAA) Supplementation With and Without Creatine Monohydrate (CrM) on Cognitive Function." This study will evaluate the effects of six weeks of GAA and/or CrM on cognitive function and markers of health. Eligible participants will receive \$300 for completing the study. This study involves body composition testing, cognitive testing, and blood draws. Three visits throughout about a 6-week period will be required.

For more information:

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